



Education

Life Education Program: Healthy Harold

Dear Parents & Caregivers

This year, Middleton Grange Public School will be involved in the Personal Development and Health Life Education program: 'Healthy Harold'.

The mobile classroom van will visit MGPS where the trained educators, joined by Life Education's loveable mascot Healthy Harold, will bring to life age-appropriate lessons that empower children to make safer and healthier choices, now and in the future.

The primary school program teaches students about food and nutrition, personal safety, physical activity, cyber safety and safety with medicine and legal drugs (tobacco, alcohol, and caffeine). By taking comprehensive approaches to drug and health education, these lessons help students develop relationship skills, positive communication (both face to face and online), problem-solving and decision-making skills.

Specially trained educators ensure that all messages are age- appropriate, relevant and enhance and support the messages taught in Australian schools.

Date: Monday, 16 May to Wednesday, 25 May (Term 2, Weeks 4-5)

Time: Each class will attend a session in the Life Education Van.

Venue: Middleton Grange Public School

Cost: \$12 per child

Please complete the attached permission slip and return to the office, with full payment by Thursday 12, May (Term 2, Week 3).

Preferred payment option is via the school's Parent Online Payment system via our school website: www.middletongr-p.schools.nsw.edu.au click on '\$ Make a Payment' or by EFTPOS.

Kind regards,

Rosanna Kumaran

Acting Deputy Principal, Middleton Grange Public School
7 April 2022

NSW DEPARTMENT OF EDUCATION
– MIDDLETON GRANGE PUBLIC SCHOOL
50 HALL CIRCUIT, MIDDLETON GRANGE NSW 2171

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Education

Please return this order slip to the office by

Thursday 12 May, 2022

Life Education 'Healthy Harold'

I give permission for my child _____

of class _____ to participate in the Life Education Healthy Harold Program.

I understand this event will be held within school hours at Middleton Grange Public School.

This incursion has the approval of the principal.

Medical Information

I give permission for my child to receive medical assistance if required.

My child has the following medical needs (such as: travel sickness, asthma, allergy, medication):

Consent to Publish

I give permission for photographs of my child to be taken at this event. I understand these photographs may then be used in, *but not limited to*, the local media and school publications such as the newsletter, website, school App, Seesaw and presentation slideshows.

Cost

\$12 per student

I have paid \$12 with POP online or EFTPOS by phone or at the office,

POP: Receipt Number _____ **OR**

I have enclosed full payment of \$12,

Parent/Caregiver's Name **and** Signature

____/____/____

Date

